



HURON WOMEN'S BASKETBALL PROGRAM INFORMATION – 2009/2010 SEASON

1. **TRYOUT INFORMATION**

Dates: November 9, 2009 – November 11, 2009 (additional assessment if necessary)

Time: 4:00-7:00

Location: Dome Gym and Lower Gym

**Pre-season conditioning at Track: Nov. 2, Nov. 4 and Nov. 5 (3:45-4:30 PM).

****You must have a physical completed as of April 15, 2009 in order to tryout.**

Please go to the Athletic Office for detailed physical information.

2. There is a mile requirement for all girls basketball players. Players must complete a mile run (outside) at or under a certain time. Times are listed by level below:

- Freshman Guards – 7:45; Freshman Bigs – 8:30
- JV Guards – 7:30; JV Bigs – 8:00
- Varsity Guards – 7:00; Varsity Bigs – 7:15

****Players who do not fulfill this requirement will be subject to additional conditioning. We will begin running the timed mile during the week of October 19 and we will continue through tryouts. Contact the coaches to set up mile runs.**

3. Those being evaluated for the Varsity team will undergo additional skill testing prior to and during tryouts. Contact Coach Vinson for more information.

4. Team selection will be determined based on the following criteria: basketball and athletic ability, positive attitude, good academic standing, history with the program, conditioning, hustle and ability to quickly grasp concepts.

HEAD VARSITY COACH:

Steve Vinson, stevelanv@comcast.net

HEAD JUNIOR VARSITY COACH

Chris Kutschinski, cmkutsc@gmail.com

HEAD FRESHMAN COACH

Chuck Phillips, dlphil@umich.edu

TEAM WEBSITE:

http://www.aaps.k12.mi.us/huron.w_bball/women_s_basketball_home

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http://www.aaps.k12.mi.us/huron.ath_dept/athletics_home